

Ministry of Sport of the Russian Federation

Federal State Budget Institution  
«SAINT-PETERSBURG SCIENTIFIC-RESEARCH  
INSTITUTE FOR PHYSICAL CULTURE»

Lesgaft National State University of Physical Education,  
Sport and Health, St. Petersburg

# **International conference on exchange of experience in preventive anti-doping actions**



PROGRAMM

Saint-Petersburg  
06-07 September 2017

## 6 September 2017

13:15	Arrival to the hotel. Check-in	Saint-Petersburg, Ligovskiy prospect, 54. Hotel IBIS
14:45	Walk to the conference venue	Research institute for physical culture, Ligovskiy pr., 56, E <a href="http://www.spbniiifk.ru">http://www.spbniiifk.ru</a>
15:00- 15:30	Presentation from Institute about preventive anti- doping actions	- Main principles - The basic directions - Target groups
15:30- 16:00	Strategy of German National Anti- Doping Agency (NADA)	- Main principles -Development of prevention programs - Target groups - Sports structure in Germany
16:15- 17:00	Bus to Lesgaft National State University of Physical Education, Sport and Health	
17:00- 17:50	Educational anti- doping programs for higher institutions	- Project presentation from Research institute for physical culture (20min) - Comments from Ministry of Sport of the Russian Federation and RUSADA (15min) - Preventive anti-doping program for students in Germany (15min)
17:50- 18:25	Master-class for students	- Presentation of program «Together against doping» and other activities of German National Anti-Doping Agency (NADA) (35min)
18:25- 18:50	Comparison of educational strategy from Russian and German anti-doping agencies	-Discussion and formation of priorities
19:00		Culture program in St-Petersburg

## 7 September 2017

8:45-9:00	Walk to the conference venue	Research institute for physical culture, Ligovskiy pr., 56, E <a href="http://www.spbniifk.ru">http://www.spbniifk.ru</a>
09.00-10.15	Educational anti-doping programs for schools	<ul style="list-style-type: none"> <li>- Project presentation from Research institute for physical culture (20 min)</li> <li>- Comments from Ministry of Sport of the Russian Federation and RUSADA (15min)</li> <li>- Preventive anti-doping programs for schools in Germany (15 min)</li> <li>- Discussion</li> </ul>
10:15-11:30	Educational anti-doping programs for athletes	<ul style="list-style-type: none"> <li>- Project presentation from Research institute for physical culture (20min)</li> <li>- Comments from Ministry of Sport of the Russian Federation and RUSADA (15min)</li> <li>- Preventive anti-doping programs for athletes in Germany (15min)</li> <li>- Discussion</li> </ul>
<p>11:30-12:00</p> <p>Coffee-break</p>		
12:00-13:00	Informational anti-doping activities	<ul style="list-style-type: none"> <li>- Presentation about mass-media cooperation in Germany (NADA) (20min)</li> <li>-Presentation of informational materials in anti-doping prevention in Russia (20min)</li> <li>- Discussion</li> </ul>
<p>13:00-14:00</p> <p>Lunch</p>		

14:00-15:00	Educational programs for other target groups (NADA); cooperation between NADA and Bundesland's management	Presentation of educational strategy of German National Anti-Doping Agency, methods of prevention in different groups, f.e. coaches, management, officials, parents; role of Bundesland's management in preventive anti-doping actions
15:00-16:00	Panel discussion about requirements for Russia additional educational programs	Discussion concerning distribution of responsibility for granting of educational programs/information for different target groups in Russia
16:00-17:00	Conference summarizing	Discussion of partnership with German National Anti-Doping Agency, other Anti-Doping Agencies, International Federations and Organizations
17:00	Departure to the airport	